

# BTS NATIONAL SMOKING CESSATION AUDIT



## 2021

### PATIENT LEVEL DATA

#### PARTICIPATION NUMBERS

14,579 Records | 120 Institutions

#### SMOKING PREVALENCE




 21% of adult inpatients- 2021  
 24% of adult inpatients- 2019

#### HIGHEST PREVALENCE

26-45 Year Olds 36%  
 Respiratory Medicine 23%  
 Emergency Admissions 22%

#### KEY FINDINGS- PATIENTS

-  3 in 4 patients were asked about their smoking history
-  1 in 3 smokers were offered Licensed Pharmacotherapy
-  1 in 20 smokers were prescribed NICE recommended most effective treatments
-  1 in 20 vapers were allowed to use the existing vape kit during inpatient stay

-  1 in 7 smokers were referred to a tobacco dependency treatment service
-  1 in 10 smokers completed a consultation with a specialist tobacco dependency practitioner
-  1 in 10 smokers were discharged on Licensed Pharmacotherapy

#### KEY FINDINGS- HOSPITALS

-  1 in 13 hospitals completely enforced smoke free grounds
-  4 in 10 hospitals have a hospital based stop smoking service on premises
-  1 in 3 hospitals had a dedicated hospital funded tobacco dependency practitioner

-  1 in 2 hospitals have senior leadership supporting their SC service
-  1 in 2 hospitals have a referral pathway for hospital based SC services
-  1 in 2 trusts offer frontline staff regular smoking cessation training

#### NATIONAL IMPROVEMENT OBJECTIVES

##### IMMEDIATELY

Identify a healthcare professional lead and appoint an executive level board member

##### WITHIN 6 MONTHS

Begin local data collection of adult inpatient tobacco-dependency pharmacotherapy prescribing

Ensure all adult patients admitted to hospital have their smoking status recorded

Introduce/monitor training package for front-line staff for minimum competency in supporting and treating tobacco dependency

##### WITHIN 12 MONTHS

Monitor number of patients provided Very Brief Advice and referred to tobacco dependency treatment services

##### BEFORE NEXT AUDIT

90% tobacco dependent adult inpatients to receive Very Brief Advice during the course of their inpatient stay

Offer all hospitalised tobacco dependent patients a referral to a specialist on-site tobacco dependency treatment service